

CORONAVIRUS (COVID-19) HELP LINES -

Aspirus

844-568-0701

Staffed Monday through Friday from 7:00 am to 7:00 pm

Saturday and Sunday from 8:00 am to 5:00 pm

Ascension

833-978-0649

Marshfield Clinic

877-998-0880

24 hours a day, 7 days a week

UW Health

608-720-5300

7:00 am to 11:00 pm

SUPPORT SERVICES -

National Alliance on Mental Illness (NAMI)

Help Line - 800-950-6264

Monday to Friday from 10:00 am to 6:00 pm

WI Community Programs, Social Service, and Human Service Agencies - <https://bit.ly/wi-dhs-help>

Vibrant Emotional Health

800-273-8255

Lifeline Chat - <https://suicidepreventionlifeline.org/chat/>

National Suicide Prevention Lifeline -

800-273-8255 - Available 24/7

Tri-County Council Hotline for Domestic Violence and Sexual Assault - 800-236-1222. **You are NOT alone!**

211 connects YOU with thousands of nonprofit and government services in your area.

Call 211 -or- 877-947-2211

<https://211wisconsin.communityos.org/>

Northern Regional Center for Children and Youth with Special Health Care Needs

Anne Williams, Community Specialist

715-261-1906 or 866-640-4106

<http://northernregionalcenter.org/>

WISCONSIN UNEMPLOYMENT -

<https://my.unemployment.wisconsin.gov/>



GROCERY STORES

Trig's -

Eagle River

715-479-6411

Manitowish Waters

715-543-8422

Minocqua

715-356-9456

Rhineland

715-369-1470

Tomahawk

715-453-2174

Shaefer's IGA - Crandon

715-478-2558

Pick N' Save - Eagle River

715-479-4416

Charlie's Northwoods Market

Land O' Lakes - 715-547-4251

Snow's Family Market - Mercer

715-476-9150

Save More Marketplace -

Minocqua

715-356-9437

Super One Foods - Park Falls

715-762-4272

Merit Enterprises - Rhineland

715-362-4283

St. Germain Sentry Foods

715-479-9150

Three Lakes Town Market

715-546-3354

Walmart -

Minocqua - 715-356-1609

Rhineland - 715-362-8550

Ironwood - 906-932-0713

If we missed something, please let us know.

Updated 4/6/2020